



North San Diego County Association of REALTORS®
 REALTORS® Building a Better North County

CARLSBAD TRIATHLON VOLUNTEERS NEEDED!



Race day is Sunday, July 11th, 2010

The 2009 race sold out!
 1,000 participants expected this year!

**NSDCAR will provide volunteers
 along the course (see map below).**

NSDCAR will provide volunteers along the course. The Carlsbad Triathlon ranks in the worlds top five longest running triathlons. The course begins at Tamarack Surf Beach, and follows the coastline of Carlsbad, past scenic beaches, lagoons and a wildlife preserve. The triathlon boasts a calm ocean swim, a rolling bike course and a smooth run for the finish.

This race is for everybody: from first-timers to the elites, and their friends and family! The race begins with an open-water ocean swim, which is well-marked with buoys. The swim is followed by a bike course, and the race finishes with a run along the beautiful Pacific Ocean coastline. The roads are wide and completely closed to traffic-very safe! The course is mostly flat with a couple of rolling areas. [Volunteer Online NOW!](#)

[NSDCAR volunteer booth/table at the EXPO](#)

We may also have a volunteer booth during the triathlon. We are not yet sure of the details but if you are interested in helping with this part of the commitment, please contact Phyllis Ziring (Event Chair) phyllis.ziring@gmail.com or call her at 760-476-9997



Name _____ Member # _____

Email _____ Mobile # _____

I am interested in being a course volunteer

I would like to work the volunteer booth

I need more information - Please contact me via _____ email _____ phone

Fax to 760-734-3976 attn: Melody Hoffman or email melody@nsdcar.com